

Your VYVGART® Infusion Guide



MyPATH

VYVGART® Patient Support Program

The infusion process, step by step



^{PL} VYVGART®
efgartigimod alfa
400 mg/20 mL

Supporting you through your VYVGART® treatment

At the MyPATH Patient Support Program, we understand that living with a chronic condition like generalized Myasthenia Gravis (gMG) is different for everyone.

That's why we're dedicated to supporting you at **every step** – in the way that suits you best!

Whether you choose to have your VYVGART® infusion at home, or in a clinic, a MyPATH Nurse Case Manager is there to help support you. **See page 4 for ways they can help.**



Your infusion guide

This booklet provides a step-by-step overview of what to expect during a VYVGART® infusion.

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Your MyPATH Nurse Case Manager

Your MyPATH Nurse Case Manager is there to help you with all aspects of receiving VYVGART® – and that includes your infusion appointments!

HOW THEY CAN HELP



EXPLAINING THE INFUSION PROCESS

Your Nurse Case Manager can help prepare you for the infusions by explaining what happens before, during, and after your appointment.



SCHEDULING YOUR INFUSION

Your Nurse Case Manager will connect you with the scheduling team for your infusion, either at home or in-clinic. Your VYVGART® will be delivered in time for your infusion.



TRACKING YOUR GMG SYMPTOMS

Your Nurse Case Manager will help you track your symptoms using the Myasthenia Gravis Activities of Daily Living (MG-ADL) assessment tool. Your MG-ADL scores will help determine the optimal length of time between VYVGART® infusions.

Track your symptoms with the Myasthenia Gravis Activities of Daily Living (MG-ADL) assessment tool using your **Symptom Tracker or digitally using MyPATH (on the MyBayshoreCare™ app)** to help your neurologist determine your next treatment cycle.

How is VYVGART® administered?

VYVGART® is an intravenous infusion, which means it's administered into your bloodstream by a nurse using a very small, soft, flexible tube, and a needle.

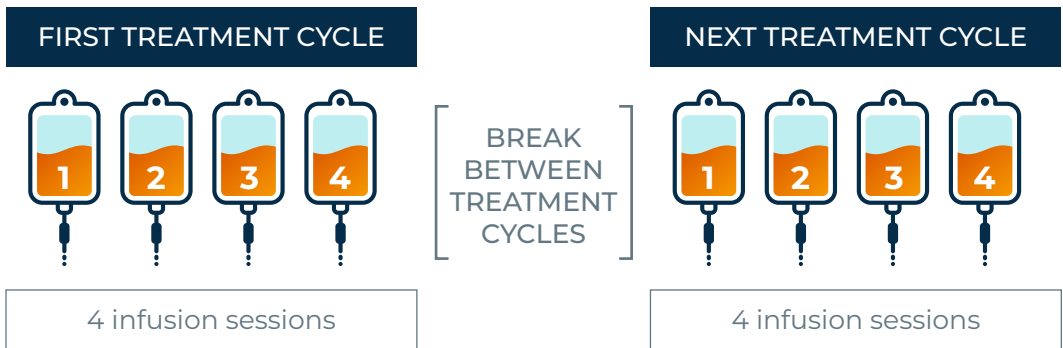
VYVGART® IS GIVEN IN TREATMENT CYCLES, WITH A BREAK BETWEEN EACH CYCLE.

The amount of time between cycles varies from person to person. This individualized approach best manages your gMG symptoms and optimizes your VYVGART® treatment.

Track your symptoms with the MG-ADL tool to help your neurologist/healthcare team determine your next treatment cycle.

A treatment cycle consists of four infusions, each a week apart

Each infusion is 1 hour long.†



Remember to track your symptoms with the Myasthenia Gravis Activities of Daily Living (MG-ADL)!



†The total infusion time per session may vary by patient, depending on the dosage and if any pre-medication has been requested by your physician.

What happens during an infusion

GETTING READY



PRE-TREATMENT PAPERWORK

First, you will be seated in a comfortable recliner while your infusion nurse completes your paperwork.



BASELINE HEALTH DETAILS




Your infusion nurse will record your vitals, current Myasthenia Gravis Activities of Daily Living (MG-ADL) score, and request weight to determine your baseline health details.

Remember: if you are tracking your Myasthenia Gravis Activities of Daily Living (MG-ADL) scores in your Symptom Tracker between treatments, share your scores with the infusion nurse.

You'll be asked to provide a list of your current medications for the nurse to review. You will also be required to review and complete a standard consent form.



Get comfy!

-  Your infusion is a great time to read a book or watch an episode of your favourite show.
-  Drinks and/or light snacks and pillows will be available to you in the clinic; if at home, choose a spot you find comfortable.
-  Your nurse is available to assist if you require the restroom during your infusion.

RECEIVING THE INFUSION



PREPARING YOU FOR YOUR INFUSION

Your infusion nurse will sanitize a small area of skin, typically located on the inner forearm, or back of the hand to establish your intravenous (IV) site.

Once your IV is secure, you'll receive any pre-medication(s) your doctor prescribed, followed by your VYVGART® infusion.



MONITORING YOUR INFUSION

Your infusion nurse will monitor you throughout your infusion, checking your vitals every 30 minutes or more if needed and for any reactions.

The VYVGART® infusion will take approximately 1 hour.



ENDING YOUR INFUSION

Once your infusion is complete, your infusion nurse will “flush” your IV to make sure you have received your full dose, and then the IV will be removed.

Your nurse will cover the injection with a bandage to help ensure you don't get an infection.



You will need 4 infusions in total to complete 1 treatment cycle.

Before you leave your appointment, be sure to book your infusion appointment for the following week, if needed.

Preparing for your infusion

When beginning any journey, it is best to be prepared. Using this checklist may help you in planning for your infusion appointments.

THE DAY BEFORE YOUR INFUSION:

- Drink plenty of water and eat as you normally would
- Try to get a full night of sleep
- Prepare a list of all the medications, vitamins, and supplements you are currently taking to share with the healthcare team

IF YOU ARE PLANNING ON GETTING YOUR INFUSION IN-CLINIC:

- Plan how you will get to and from the clinic location
- Prepare a bag of items you might need to be comfortable during your infusion (for example: laptop/tablet, books, magazines, phone, snacks/drinks, blanket)

IF YOU ARE PLANNING ON GETTING YOUR INFUSION AT HOME:

- A clean surface area close by for your infusion nurse to set supplies on, and work from (desk/table)
- Ensure you have a comfortable location to sit
- Confirm that all pets are secure during the infusion
- Make sure that items you might need to be comfortable during your infusion are nearby (for example: TV, laptop/tablet, books, magazines, phone, snacks/drinks, blanket)



Your infusion nurse will call you 1-2 days before your appointment to review the process with you and to help you prepare.



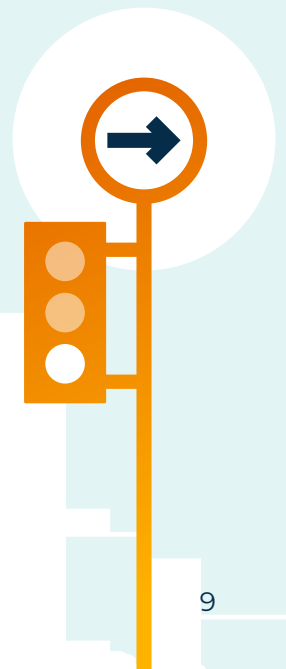
If you are tracking your Myasthenia Gravis Activities of Daily Living (MG-ADL) scores in your Symptom Tracker between treatments, make sure you have this with you to share with your infusion nurse.

ON THE DAY OF YOUR INFUSION:

- Drink plenty of water
- Eat as you normally would
- Wear loose, comfortable clothing that allows easy access to the infusion site
- Inform your infusion nurse about any allergies or health conditions that may affect the infusion process or your well-being
- Bring the list of your current medications, vitamins, and supplements you are currently taking
- Bring the personal items that you need to be comfortable during the infusion process
- Don't forget your Symptom Tracker if this is what you are using to track your Myasthenia Gravis Activities of Daily Living (MG-ADL) scores between treatments
- Be ready for your appointment at least 15 minutes before the scheduled time



Don't hesitate to ask your infusion nurse, or anyone else on your healthcare team, any questions you may have during your infusion treatment!



Infusion FAQs

WHAT IS AN IV INFUSION?

An IV infusion provides fluids, medications, or nutrients directly into the bloodstream. A very small, soft, flexible tube is gently inserted into the vein, usually the back of the hand, or inner forearm, using a needle.

The needle is carefully removed leaving the tube in place, allowing medication to directly enter the bloodstream.

HOW LONG WILL THE INFUSION TAKE?

Including the pre-infusion preparation, the 1-hour infusion, and the post-infusion recovery, you will need to allow approximately 2 hours of time for your VYVGART® infusion.

The duration of your infusion may vary depending on the dose you are receiving and if your physician has requested any pre-medication to take prior to VYVGART® infusion.

WHAT IF I MISS AN INFUSION?

If you miss a scheduled infusion, VYVGART® can be given up to 3 days after the scheduled infusion day. Work with your Nurse Case Manager to coordinate your next infusion.

CAN SOMEONE ACCOMPANY ME TO MY CLINIC APPOINTMENT?

Most of the time, clinics allow for one friend or family member to accompany you during your infusion appointment.

Please let the clinic know ahead of time if you plan on bringing a guest. Your guest may need to be pre-approved to ensure a smooth and secure process for all patients.

CAN OTHER PEOPLE BE AT MY HOME DURING MY APPOINTMENT?

Certainly, as one of the benefits of having your infusion at home is to provide you with a familiar space. Please ensure those in attendance allow for an uninterrupted and safe infusion.

WILL I HAVE PRIVACY DURING MY INFUSION?

If visiting a clinic, we offer privacy screens that can be placed between chairs if requested.

Our goal is to make you as comfortable as possible during your infusion. For clinic visits, we offer:

- Reclining chairs
- Pillows
- Light snacks
- Drinks

Check with your doctor to make sure it's safe for you to eat during your infusion. Most patients can eat while getting an infusion.

WILL I BE ABLE TO GO TO THE BATHROOM?

Your Infusion Nurse will be able to assist you.

STILL HAVE QUESTIONS ABOUT YOUR VYVGART® TREATMENT?

Don't hesitate to contact your doctor, nurse, or nurse case manager for more information about VYVGART®.





MyPATH

VYVGART® Patient Support Program

Here for you
every step of the way

**whenever you need us
throughout your journey.**



For additional support throughout your journey:
Call to speak with a MyPATH Nurse Case Manager,
Monday to Friday, 8 a.m. – 8 p.m. EST

Phone: 1-877-697-2840

info@mypathpsp.ca



argenx 

MyPATH

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MEMBER OF
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CANADA

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